

Week II Menu, Mar. 12-18, 2017

Irwin Army Community Hospital

	Breakfast	Lunch		Dinner
Sunday Mar. 12	French Toast, Eggs to order Fried Pork Bacon Turkey Link Biscuit, Hash Browns, Oatmeal	Roast Turkey Turkey Gravy Mashed Potatoes Capri Blend Vegetables Hot Roll, White	Grilled Chicken Breast Pepperoni Pizza Cheese Pizza Mini Salad Bar Mini Grill	Spaghetti with Meat Sauce Mixed Vegetables Breadsticks/Hot Roll, White Mini Salad Bar
Monday Mar. 13	Yogurt Breakfast Bar McIrwin Sandwich French Toast, Boiled Eggs, Eggs to order Fried, Omelet Bacon Pork, Turkey, Jalapeno Turkey Link, Sausage Patty Hash Browns, Oatmeal, Grits Biscuit	Chicken Fried Steak Chicken and Dumplings Cream Gravy Jasmine Rice Mashed Potatoes Steamed Cabbage Zucchini Squash Hot Roll, White/Wheat	Creamy Tomato Soup Caesar Salad Ranch Chicken Wrap Ham & Pineapple Pizza Chili Macaroni Chicken Tenders	Blackened Chicken Alfredo Fettuccine Alfredo Green Beans Breadsticks Hot Roll, Wheat Mini Salad Bar
Tuesday Mar. 14	Yogurt Breakfast Bar McIrwin Sandwich on English Muffins, Pancakes, Boiled Egg, Eggs to order Fried, Omelet Bacon Pork, Turkey, Jalapeno Turkey Link, Sausage Patty Biscuit, Toast, Creamed Beef, Oatmeal, Grits	Lemon Pepper Tilapia Schnitzel Brown or Mushroom Gravy Buttered Spaetzle Hot German Potato Salad Bermuda Blend Vegetables Spinach Hot Roll, White/Wheat	Cream of Potato Soup Fiesta Salad Tuna Herb Sandwich Buffalo Chicken Pizza Hot Wings Pasta Bar	Sandwich Bar Home Style Chicken Noodle Soup Mini Salad Bar
Wednesday Mar. 15	Yogurt Breakfast Bar McIrwin Sandwich French Toast, Boiled Eggs, Eggs to order Fried, Omelet Bacon Pork, Turkey, Jalapeno Turkey Link, Sausage Patty Hash Browns, Oatmeal, Grits Biscuit	Reuben Sandwich Bourbon Chicken Chicken Gravy Au Gratin Potatoes Brown Rice Carrots Sliced Capri Blend Vegetables Hot Roll, White/Wheat	Lentil Stew Strawberry Spinach Salad Sandwich Bar Vegetable Pizza Sweet Potato Fries Chicken Tenders Vegetable Alfredo Pasta Bake	Baked Chicken Chicken Gravy White Rice Peas & Carrots Hot Roll, Wheat Mini Salad Bar
Thursday Mar.16	Yogurt Breakfast Bar McIrwin Sandwich on English Muffins, Pancakes, Boiled Egg, Eggs to order Fried, Omelet Bacon Pork, Turkey, Jalapeno Turkey Link, Sausage Patty Biscuit, Toast, Creamed Beef, Oatmeal, Grits	ST. PATRICK'S SPECIAL MEAL Corned Beef Turkey and Ham Pie Brown Gravy British Baked Beans Mashed Potatoes Colcannon, Mixed Vegetables Roasted Baby Carrots Hot Roll, White/Wheat	Garden Pea w/Mint Soup Mandarin Chicken Salad Turkey BLT Sandwich Meat Lover's Pizza Hot Wings Pasta Bar	Lemon Pepper Tilapia Wild Blend Rice Pilaf Chicken Gravy Baby Carrots Hot Roll, White Mini Salad Bar
Friday Mar. 17	Yogurt Breakfast Bar McIrwin Sandwich French Toast, Boiled Eggs, Eggs to order Fried, Omelet Bacon Pork, Turkey, Jalapeno Turkey Link, Sausage Patty Hash Browns, Oatmeal, Grits Biscuit	Meatloaf Baked Tilapia with Mango Salsa Wild Rice Blend Pilaf Mashed Potato Brown Gravy Green Beans Stewed Okra & Tomatoes Hot Roll, White/Wheat	Vegetable Garden Soup Greek Salad Roast Beef with Onions Lemon Basil Sandwich Spinach & Feta Pizza Chicken Tenders Turkey Tetrazzini	Grilled Steak Twice-Baked Potato Brussels Sprouts Hot Roll, Wheat Mini Salad Bar
Saturday Mar. 18	Pancakes, Eggs to order Fried Pork Bacon Turkey Link Biscuit, Hash Browns, Oatmeal	Lemon Herb Baked Chicken Mashed Potatoes Chicken Gravy Capri Blend Vegetables Hot Roll, Wheat	Grilled Chicken Breast Pepperoni Pizza Cheese Pizza Mini Salad Bar Mini Grill	Braised Pork Chops Mashed Potatoes Cream Gravy Broccoli Florets Hot Roll, Wheat Mini Salad Bar

Menu subject to change without notice