

PATIENT INSTRUCTIONS FOR POST VASECTOMY SEMEN COLLECTION

The test(s) requested by your health care provider requires you to refrain from sexual intercourse (ejaculation) for 3 days prior to collecting the semen specimen. Please read the following instructions carefully.

1. Collect the specimen by masturbating directly into a sterile plastic container that you may obtain from the laboratory.
 - Do not use a jar or other container of your own, since traces of detergent or other material may affect the sperm and result in an abnormal analysis.
 - Do not collect the specimen in a condom during intercourse since spermicides in the condom will kill any sperm, and motility of them could not be determined.
2. Collect the entire specimen. The total amount of fluid is as important as the amount of spermatozoa present in the seminal fluid.
3. Label the specimen with your full name, date of birth, and date and time of collection. A label will be provided with the sterile container.
4. Collect the specimen no later than one hour before delivering it to the IACH laboratory between 0730 and 1500 Monday – Friday (except on holidays).
5. If you have any questions, please contact the laboratory at 239-7648 between 0730 and 1700.

It is important that you adhere to these instructions. They are vital in the analysis of the specimen requested and also with presenting an accurate report of your condition to the health care provider.

